

Hiking Checklist



KITCHEN

- coffee cup
- freeze dried coffee
- dish soap
- hand sanitizer
- lighter, or matches
- pots and pans
- stove
- stove fuel
- stove repair kit
- seasonings
- _____
- utensils
- _____
- water filter
- zip lock bags

FOOD

- _____
- _____
- _____

- jerky
- powdered drink
- Power-ade
- protein bars

BEDDING

- air mattress
- pillow
- sleeping bag
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EQUIPMENT

- bear bag
- camcorder
- camera
- camp chair
- compass
- first-aid kit
- ground cover, tent
- headlamp
- knife
- map
- tent
- trekking poles
- waistpack
- water bottles
- whistle
- GPS unit

MISCELLANEOUS

- batteries
- _____
- duct tape
- water purification tabs
- wilderness pass
- stuff sacks for gear
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CLOTHING

- balaclava
- boots
- camp shoes
- do-rags
- gaiters
- light jacket
- pants
- rain gear
- shirts
- socks
- sock liners
- thermal underwear
- Hat

PERSONALS

- insect repellent
- journal w/ pen
- sunglasses
- sunscreen
- toilet paper
- tooth brush
- tooth paste
- towel
- antacids
- ibuprofen
- vitamins
- _____

